

CHANGING GEARS

Volume 3 / Issue 3



FAST LANE FREIGHT SERVICES

TOP RUNNERS

OWNER/OPERATORS

July: JEREMY

August: LEE

September: JOSIP

COMPANY DRIVERS

July: WAYNE

August: WAYNE

September: WAYNE

THANK YOU!



REMINDER TO ALL

DRIVERS:

Please keep extra food and blankets in trucks and keep fuel topped up! You never know when you will hit another storm ❄️ 🌧️



If you have anything you would like to see or contribute, including pictures, jokes or stories (nothing racist, sexist or homophobic) please forward to Kali Storm at kali@fastlanefreight.ca



"Put your freight on the Fast Lane"



DARREN'S CORNER

It sure has been a busy fall with the Convoy for Special Olympics, the Safetys Gala and Award evening, Run for the Cure and National Trucking Week! With all these things going on we still must keep in mind that winter is coming! With this, of course, brings foul weather and roads. Please be prepared and pick up a list we have at the office with recommended travel must-haves. You can never be too prepared for our harsh climate. We also have some great winter driving tips from Volume 2, Issue 4 in our past newsletter which is accessible online through our website www.fastlanefreight.ca.

I wanted to take this time to say thank-you to all our hardworking team members that work tirelessly to 'get the job done'; from our Driving staff to Dispatch, administration and mechanical! I am extremely proud of all of you.

I also wanted to share once again Fast Lane Freight's Vision and Mission Statement which will be inserted on the following page. Please keep in mind we will always do our best to put you "first", so you continue to do your best for us and our customers.



*Darren Lane, President & CEO
Fast Lane Freight Services Inc*

**TOP FLEET EMPLOYER
2018 & 2019**

In case you missed it....



Convoy for Special Olympics September 14, 2019

Photo credit: Sherry McMoore

Winnipeg Free Press Supplement for National Trucking Week September 2019



THE SAFETYS GALA, SEPTEMBER 25, 2019



Fast Lane Freight Services wins RPM Safety Award



Thanks to RPM for the recognition and to all the staff and drivers at Fast Lane Freight Services for helping make this possible!

We get to go to some really cool places; and sometimes we get to see some really cool things.
Here are a few great pics submitted by drivers:

UP NORTH:



DOWN SOUTH:



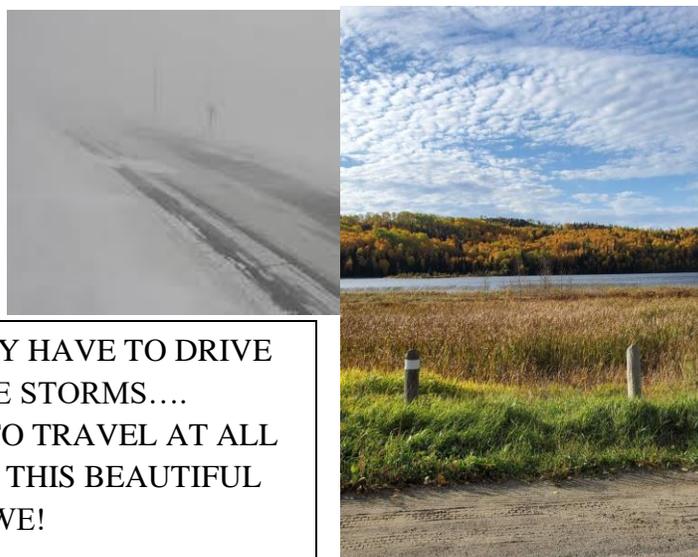
WEST COAST:



EAST COAST:



AND SOMEWHERE IN THE MIDDLE:



TRUCK DRIVERS' HAVE A DIFFICULT JOB. THEY HAVE TO DRIVE THROUGH TRAFFIC AND SOMETIMES THE STORMS.... BUT MANY PEOPLE NEVER GET THE CHANCE TO TRAVEL AT ALL AND NEVER HAVE THE OPPORTUNITY TO SEE THIS BEAUTIFUL COUNTRY....HOW LUCKY ARE WE!

ON THE LIGHTER SIDE...

DAD JOKES – part I

1. *What do you call a mac 'n' cheese that gets all up in your face? Too close for comfort food!*
2. *What concert costs just 45 cents? 50 Cent featuring Nickelback!*
3. *Why did the scarecrow win an award? Because he was outstanding in his field!*
4. *What do sprinters eat before a race? Nothing, they fast!*
5. *Why couldn't the bicycle stand up by itself? It was two tired!*
6. *Did you hear about the restaurant on the moon? Great food, no atmosphere!*
7. *What do you call a fish with two knees? A two-knee fish!*
8. *Why do melons have weddings? Because they cantaloupe!*
9. *What happens when you go to the bathroom in France? European.*
10. *What's the difference between a poorly dressed man on a tricycle and a well-dressed man on a bicycle? Attire!*
11. *How many apples grow on a tree? All of them!*
12. *Did you hear the rumor about butter? Well, I'm not going to spread it!*
13. *Did you hear about the guy who invented Lifesavers? They say he made a mint!*
14. *Why do you never see elephants hiding in trees? Because they're so good at it!*
15. *How does a penguin build its house? Igloos it together!*
16. *Why did the old man fall in the well? Because he couldn't see that well!*
17. *Why don't skeletons ever go trick or treating? Because they have no body to go with!*
18. *What do you call a factory that sells passable products? A satisfactory!*
19. *Why did the invisible man turn down the job offer? He couldn't see himself doing it!*
20. *Want to hear a joke about construction? I'm still working on it!*
21. *I like telling Dad jokes. Sometimes he laughs!*
22. *To whoever stole my copy of Microsoft Office, I will find you. You have my Word!*
23. *I used to work in a shoe-recycling shop. It was sole destroying!*
24. *My boss told me to have a good day. So I went home!*
25. *I'm so good at sleeping I can do it with my eyes closed!*
26. *Spring is here! I got so excited I wet my plants!*
27. *I thought about going on an all-almond diet... But that's just nuts!*
28. *This graveyard looks overcrowded. People must be dying to get in there!*
29. *My friend says to me, "What rhymes with orange?" And I told him, "No it doesn't!"*
30. *My wife told me I had to stop acting like a flamingo. So I had to put my foot down!*

HAPPY HALLOWEEN EVERYBODY

