

CHANGING GEARS



Volume 3 / Issue 1

TOP RUNNERS

OWNER/OPERATORS

January: IGOR

February: IGOR

March: IGOR

COMPANY DRIVERS

January: BENNY

February: BENNY/JORDON

March: BENNY

THANK YOU!



*Darren Lane, President & CEO
Fast Lane Freight Services Inc*

**TOP FLEET EMPLOYER
2018 & 2019**

FAST LANE FREIGHT SERVICES

This issue is dedicated to Smartphone apps for Drivers. Information and research courtesy of Today's Trucking. If you have a chance to use, please let us know how they worked for you.



If you have anything you would like to see or contribute, including pictures, jokes or stories (nothing racist, sexist or homophobic) please forward to Kali at kali@fastlanefreight.ca



*"Put your freight on the
Fast Lane"*



DARREN'S CORNER

We are now a Top Fleet Employer for 2019 as well as 2018! Wow, thanks for the input from our awesome staff! This wouldn't have been possible without you. We like to believe we promote the industry in a positive light and treat our employees well, so this award helps reinforce that. I would also like to congratulate the other three companies from Manitoba who attained this award; namely Big Freight, Arnold Brothers and Payne Transport.

Carbon taxes are now a reality in Manitoba so to help offset the costs we are looking into different ways to cut expenses. Have you considered using apps which are widely available on line? There are a few apps mentioned in this newsletter which will help with routing to save miles or obstacles and are also great for preplanning trips for truck stops or fuel stops. There are also great apps which will post fuel prices which are always changing. Other benefits are finding parts and services on the road which can also save money when the proper vendor is chosen.

I wanted to mention that we have been embarking on further training as well as refresher courses which are being offered at the Manitoba Trucking Association. Some of the courses available are Cargo Securement, Professional Driver Improvement, Hours of Service as well as First aid. Please contact Kali so we may discuss enrollment.

SMART PHONE APPS FOR TRUCKERS

These are just the most popular apps recommended from various trucking newsletters and sights and were vetted for Canadian content.

Please let us know if you know of others that are better or your thoughts on the below ones if you try them out

COMPREHENSIVE APPS



Trucker Path On any website or survey we reviewed, Trucker Path was by-far the most recommended app for truckers. It helps users locate truck stops, find available parking at multiple branded and independent stops, shows weigh stations and scales, find fuel stations, compare fuel prices, plan trips, and more. Information is uploaded and updated by users, although some content is restricted to suppliers.



DAT Trucker finds travel plazas and trucks stops and lists their amenities, shows fuel prices, identifies trucker-friendly hotels, finds repair shops and tow services, and has GPS.

FUEL:



Fuelbook lists diesel prices and are updated six times daily for fuel stations across the U.S. and Canada. It also features a list of truck stop services and open parking status, as well as fuel discounts and repair search function.



myPilot - This app looks for fuel prices, Flying J locations, and available parking, while also handling rewards and shower bookings. The mobile wallet feature allows you to go card-free at the fuel island or in the store.



Petro-Pass Mobile App - uses its app to search over 270 cardlock locations across Canada, even when cell service is unavailable. Results can be filtered by fuel preference and amenities.

GPS...First a warning ...

A GPS navigation system is only good if you ensure it is for 'trucking' . Before beginning the trip, a good app should ask you to enter all relevant information about vehicle length, width, height, and axle weights, as well as hazardous materials being transported. Keep in mind that signs may also identify advisories not included in the latest map. Keep the apps updated for the most current route planning information.

THIS DOES NOT REPLACE ANY ROUTING GIVEN TO YOU BY DISPATCH.



CoPilot Truck This app is billed as GPS for truckers. With route information including traffic and turn-by-turn guidance, this has everything you want in a GPS app with some great additions – it allows you to plan routes appropriate for your truck weight and height, and with the type of load in mind, so you can avoid low bridges and other obstructions traditional GPS apps may miss. One note – **be careful which version of the app you download.** CoPilot Truck apps are available for the U.S., the U.S. and Canada, and for Europe. Pick the one that's right for you to avoid frustration.

WEATHER:



Carrot Weather offers a funny and engaging weather experience with all the advanced features you'd want in a weather app, but with a twist. This one is run by an avatar with a sense of humor. There is both a free and paid version of this app, with the paid version featuring extended forecasts, weather alerts, and games.

BORDER CROSSING:



CBSA CanBorder - With real time updates on wait times, this app helps to schedule border crossings

MAINTENANCE:



Truck Fault Codes gives users not connected to another OEM or maintenance app the ability to quickly look up more than 40,000 fault codes.



Cummins has many apps for its users, **Quick Service Mobile** gives customers a list of replacement parts, as well as build and dataplate information to help with repairs. *Also, Detroit, Volvo and Peterbilt* have similar apps



SCALES:



Weigh My Truck and find scale

Developed by CAT Scale Company, this app allows drivers to weigh their truck and pay any fees directly from their phone through electronic funds transfer, PayPal or other methods. With no need to leave the cab, drivers can see weights and even get PDFs of scale tickets and receipts. **MAKE SURE YOU CREATE ACCOUNT FIRST**



HEALTH:



With diet and exercise tips, a daily food log, and social media connections, the Healthy Trucker app aims to help drivers stay in shape on the road. Users can share pictures of their healthy meals at truck stops, or search pictures to get meal ideas, and the app makes registered dietitians and fitness coaches available for advice. (Note: On Google Play the app is called "Healthy Team")



The official Canadian Red Cross First Aid app puts lifesaving advice in your hands. Available for Apple and Android mobile devices, the app helps you maintain your first aid skills and respond to everyday emergencies. By downloading the app on your smartphone or tablet, you get instant access to videos, interactive quizzes and simple step-by-step advice to help you maintain your life-saving skills and respond when needed. Download the app to keep lifesaving help in your hands.

TRAINING:



Both the MTA and RPM have valuable courses (on-line and in -class) available to its members. Please let us know if there are any you wish to attend.



<https://trucking.mb.ca/training>

<https://www.rpmsafety.ca/e-courses>

On the lighter side....

Borrowed from signage at the Indian Hills Community Centre:

Dogs cant operate MRI scanners
but catscan

Manitoba mountains arent just funny
they're hill areas

Whenever I try to eat healthy a chocolate bar looks at me and snickers

Life is short, if you can't laugh at yourself call me, I will

My mood ring is missing, and I don't know how I feel about that

English lesson:
I like cooking my family and my pets.
Use commas, they save lives

Despite the high cost of living it remains popular

Crushing pop cans
is soda pressing

In search of fresh vegetable puns
lettuce know

Big shout out to my fingers
I can always count on them

Remember if the world didn't suck we'd all fall off

Tried to grab the fog
I mist

When you're down by the sea and an eel bites your knee
that's a moray

HITCH HIKER

I picked up a hitch-hiker the other day.

Seemed like a nice guy.

After a few miles, he asked me if I wasn't

afraid that he might be a serial killer.

I told him the odds of two serial killers being

in the same vehicle was extremely unlikely.

